One Can Help provides the missing resources at-risk and foster children need to remedy court concerns, improve difficult lives and build better futures.

Juvenile court professionals request assistance from One Can Help when critical resources are needed to help underserved children and families and are not available elsewhere.

**JUVENILE COURT INVOLVED**

**CHILDREN AND FAMILIES FACE MANY OBSTACLES:**

- Poverty 16%
- Trauma 14%
- Family Break-Up 13%
- Substance Abuse 9%
- Mental Illness 12%
- Cognitive Limitations 4%
- Food Insecurities 5%
- Physical Disability 2%
- Substandard Housing 6%
- School Issues 6%
- Incarceration 2%
- Domestic Violence 7%
- Bullying 1%
- Inadequate Childcare 2%
One Can Help’s assistance helps underserved children overcome poverty barriers that prevent progress, such as:

**Beds or other supplies** that can reduce the need for foster care.

**Laptops** so motivated students can do schoolwork or apply for college.

**Transportation passes** to help struggling teens and families achieve goals.

**Rent assistance** so families facing a temporary crisis don’t become homeless.

**Activities or camps** to help at-risk children learn life skills that inspire success.

"Thank you for the train passes. This made it possible for mom to visit her daughter in a psychiatric facility, and do family counseling together. Now her daughter is coming back home! This could not have happened without the train passes!"

- Social worker

"Thank you so much for One Can Help. You invented something that I had invented in my heart many times. This makes such a difference for so many of our poorest children and families."

- Social worker

**TYPES OF RESOURCES MOST FREQUENTLY REQUESTED:**

- Reducing Foster Care 27%
- Supporting...
- Camps and Activities...
- Homelessness...
- Facilitating Transportation 31%
One Can Help’s outcomes surveys demonstrate that providing critical resources can improve lives, keep more families together, reduce the need for foster care, decrease homelessness and help our juvenile court be more supportive, effective and equitable for all.

“I know places to go for food, used clothing or furniture. But I don’t know anywhere else that listens to what the individual needs right now and gets exactly that. Often our poorest children and families have nowhere else to turn and this assistance can make such a difference to them- and to the professionals trying to help them!”

- Thank you for helping these children Juvenile court attorney

“At the end of the day, if our young people can’t access the resources they need to believe they are worth it, it is all in vain. Self esteem is built up over time, and that is the work of One Can Help.”

Congresswoman Ayanna Pressley

Helping individuals helps Massachusetts too. A March 2019 Boston University study concluded that One Can Help helped save the state 9 to 11 million dollars in 2017, by providing assistance that either reduced the need for foster care or that preserved scarce community resources. (*Report available upon request.)
One Can Help continues to dramatically expand each year. One Can Help has assisted approximately 5,000 children and families since 2007, and is now operating throughout the Commonwealth.

- **Applications Received by Year**
- **2018 Accomplishments**
  - Over 98% reported positive impact
  - State recognition of One Can Help’s assistance
  - BU study concludes 9 to 11 million dollars likely saved using OCH interventions
  - 32% growth
2018 was a huge year! Our donors, both individual and foundations, supported One Can Help during a time when we were experiencing tremendous growth. We saw over a 32% increase in the number of applications we received. Our individual contributions continue to grow at 5% while our Foundation support grew by over 40%.

We are thankful to all those who give their time, resources and support to One Can Help.

**REVENUE 2018**
- Foundation Grants 35%
- Individual Donations 65%
- Foundation Grants $62,800
- Individual Donations $115,800

**EXPENSES 2018**
- Program Expenses 92%
- Administrative 5%
- Fundraising Expenses 3%
- Program Expenses $175,562
- Administrative Expenses $9,541
- Fundraising Expenses $5,725